

# October 2020 Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<b>Location Keys</b> Activities Room AR Activities Room Memory Unit ARMU Dining Room Memory Unit DRMU Hallways HW Patio Assisted Living PAL Patio Memory Unit PMU TVR Memory Unit TVMU	♥ Emotional 💡 Intellectual ↔ Physical ☆ Purposeful 🐾 Social 🦋 Spiritual	10:00 ↔ Ball Game [DRMU] <b>1</b> 10:45 ↔ Basket Ball Game [PAL] 2:30 Balloon Volleyball [DRMU] 3:30 Colorful Dominos [DRMU]	2 10:00 ↔ Seated Aerobics [DRMU] 10:30 ♥ Montessori Life [PAL] 1:15 🐾 Family Visitation [PAL] 2:45 🐾 HAPPY HOUR CART [HW]	3 10:00 ↔ Rocking and Rolling [HW] 1:15 Family Visitation [PAL] 2:00 ☆ Puzzle Club [PMU] 3:00 💡 Tropical Dance [DRMU]
10:00 ↔ Octaband [ARMU] <b>4</b> 2:00 ☆ World of Color [DRMU]	9:30 ↔ Octaband [DRMU] <b>5</b> 10:00 ↔ Morning Walk [HW] 10:30 💡 Sing Along [DRMU] 1:30 ↔ Target Toss [PAL] 2:30 ☆ Leaf and Floral Painting [DRMU]	10:00 ↔ Full Body Stretching [DRMU] <b>6</b> 10:30 Aroma Hand Massage [ARMU] 1:15 Family Visitation [PAL] 2:30 ↔ Relax & Stretch [PMU]	10:00 ↔ Ribbon Dance [DRMU] <b>7</b> 10:30 ↔ Nales & Tales [ARMU] 3:00 ↔ Balloon Party [DRMU]	10:00 ↔ Volleyball [DRMU] <b>8</b> 10:30 🐾 Reminiscences [AR] 2:30 🐾 Movie Time [DRMU]	10:00 ↔ Full Body Stretching [DRMU] <b>9</b> 10:30 ↔ Waves & Senses [TVMU] 1:15 Family Visitation [PAL] 2:45 🐾 HAPPY HOUR CART [HW] 4:00 ↔ Target Toss Challenge [DRMU]	10:00 ↔ Chair Dance [DRMU] <b>10</b> 10:30 💡 Sensorial Project [TVMU] 1:15 Family Visitation [PAL] 2:00 ☆ Puzzle Club [ARMU] 3:00 ↔ Bowling [ARMU]	
10:00 ↔ Octaband [ARMU] <b>11</b> 1:15 🐾 Family Visitation 2:00 ☆ World of Color	<b>Columbus Day</b> 10:00 ↔ Morning Walk [HW] <b>12</b> 2:30 Pass the Popcorn [DRMU]	10:00 ↔ Cognitive Fitness Program [DRMU] <b>13</b> 10:30 Aroma Hand Massage [ARMU] 1:15 Family Visitation [PAL] 2:30 Balloon Party [DRMU]	10:00 ↔ Sit and Be Fit [DRMU] <b>14</b> 10:30 ↔ Nales & Tales [ARMU] 2:00 ☆ Colorful Relaxation [DRMU]	10:00 ↔ Octaband [DRMU] <b>15</b> 10:30 Hairstyles & Snacks [DRMU] 2:00 ☆ Aquapaint [PMU]	10:00 ↔ Kickball [DRMU] <b>16</b> 10:30 Smells & Memories [ARMU] 1:15 Family Visitation [PAL] 2:45 🐾 HAPPY HOUR CART [HW] 4:00 ↔ Target Toss Challenge [DRMU]	10:00 ↔ Ageless Grace [DRMU] <b>17</b> 10:30 💡 Sensorial Project [TVMU] 1:15 Family Visitation [PAL] 2:00 ☆ Flower Arranging [ARMU] 3:00 💡 Active Minds [ARMU]	
10:00 ↔ Octaband [ARMU] <b>18</b> 2:00 ☆ World of Color	10:00 ↔ Morning Walk [HW] <b>19</b> 3:30 Balloon Party	10:00 ↔ Ageless Grace [DRMU] <b>20</b> 10:30 Aroma Hand Massage [ARMU] 1:15 Family Visitation [PAL] 2:00 Sensory Awakening [TVMU]	10:00 ↔ Bowling [DRMU] <b>21</b> 10:30 ↔ Nales & Tales [ARMU]	10:00 Morning walk [HW] <b>22</b> 11:00 Hairstyles & Snacks [DRMU] 2:00 🐾 Pass the Popcorn [DRMU] 3:30 ↔ Tropical Dance [DRMU]	10:00 ↔ Full Body Stretching [DRMU] <b>23</b> 10:30 Waves & Senses [TVMU] 1:15 Family Visitation [PAL] 2:45 🐾 HAPPY HOUR CART [HW] 4:00 ↔ Target Toss Challenge [DRMU]	10:00 ↔ Octaband [DRMU] <b>24</b> 10:30 💡 Sensorial Project [TVMU] 1:15 Family Visitation [PAL] 2:30 ☆ Puzzle Club [DRMU] 3:30 ↔ Cognitive Fitness Program [DRMU]	
10:00 ↔ Octaband [ARMU] <b>25</b> 10:30 Hairstyles & Snacks [DRMU] 2:00 ☆ World of Color 7:00 🦋 Church Gathering and Worship	10:00 ↔ Morning Walk [HW] <b>26</b> 10:30 💡 Sing Along [DRMU] 3:30 Balloon Party	10:00 Kickball [DRMU] <b>27</b> 10:30 Aroma Hand Massage [ARMU] 1:15 Family Visitation [PAL] 2:00 Sensory Awakening [TVMU]	10:30 ↔ Nales & Tales [ARMU] <b>28</b> 2:00 🐾 Pass the Popcorn [DRMU]	10:00 Morning walk [HW] <b>29</b> 10:30 Hairstyles & Snacks [DRMU] 3:30 ↔ Tropical Dance [DRMU]	10:00 Octaband [DRMU] <b>30</b> 10:30 💡 Sensorial Project [TVMU] 1:15 Family Visitation [PAL] 2:45 🐾 HAPPY HOUR CART [HW] 4:00 ↔ Target Toss Challenge [DRMU]	<b>Halloween</b> <b>31</b> 10:00 Morning Stretching [DRMU] 10:30 Trick & Treat Cart 1:15 Family Visitation [PAL] 2:30 ☆ Puzzle Club [DRMU] 3:30 ↔ Cognitive Fitness Program [DRMU]	