

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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|  <p>SEPTEMBER 2020</p> | <p>10:00AM Breathing Exercises 1 10:30AM Snack 11:00AM Color Me Calm 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Executive Functions</p> | <p>10:00AM Warm Up exercises 2 10:30AM Snack 11:00AM Puzzles 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Memory Stimulation</p> | <p>10:00AM Coordination & Mobility 3 10:30AM Snack 11:00AM Sea side aqua painting 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Language Exercises</p> | <p>10:00AM Warm Up exercises 4 10:30AM Snack 11:00AM Ball Toss 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Tropical Music</p> | <p>10:00AM Gratitude Meditation 5 10:30AM Snack 11:00AM Jumbo Connect Four Challenge 3:00PM Folding Linen 6:00PM Evening Movie</p> |
| <p>10:00AM Warm Up exercises 6 10:30AM Snack 2:00PM Bingo club 3:30PM Vivaldi Ask for the Bank of Activities Located in the Activities Storage Unit to get individual activities.</p> | <p>10:00AM Morning Stretching 7 10:30AM Snack 11:00AM Let's go fishing 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Attention and Orientation</p> | <p>10:00AM Breathing Exercises 8 10:30AM Snack 11:00AM Puzzles 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Visual kills</p> | <p>10:00AM Warm Up exercises 9 10:30AM Snack 11:00AM Mandalas 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Sensoperception Exercises</p> | <p>10:00AM Coordination & Mobility 10 10:30AM Snack 11:00AM Flower Arranging 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Executive Functions</p> | <p>10:00AM Warm Up exercises 11 10:30AM Snack 11:00AM Naming My Emotions 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Latin Music</p> |
| <p>10:00AM Warm Up exercises 13 10:30AM Snack 2:00PM Bingo club 3:30PM Jazz Music Ask for the Bank of Activities Located in the Activities Storage Unit to get individual activities.</p> | <p>10:00AM Morning Stretching 14 10:30AM Snack 11:00AM Tangrams 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Memory Stimulation</p> | <p>10:00AM Breathing Exercises 15 10:30AM Snack 11:00AM Aromatherapy Massage 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Language Exercises</p> | <p>10:00AM Warm Up exercises 16 10:30AM Snack 11:00AM Balloon Volleyball 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Attention and Orientation</p> | <p>10:00AM Coordination & Mobility 17 10:30AM Snack 11:00AM Target Toss Challenge 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Visual kills</p> | <p>10:00AM Warm Up exercises 18 10:30AM Snack 11:00AM Tangrams 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Tango Music</p> |
| <p>10:00AM Warm Up exercises 20 10:30AM Snack 2:00PM Bingo club 3:30PM Peaceful Spiritual Music Ask for the Bank of Activities Located in the Activities Storage Unit to get individual activities.</p> | <p>10:00AM Morning Stretching 21 10:30AM Snack 11:00AM Relax with Classical Music 12:00PM Lunch 3:00PM Snack 3:15PM Aqua Painting</p> | <p>10:00AM Breathing Exercises 22 10:30AM Snack 11:00AM Hand Mobility Exercises 12:00PM Lunch 3:00PM Snack 3:15PM Music and Memories</p> | <p>10:00AM Warm Up exercises 23 10:30AM Snack 11:00AM Nails & Tales 12:00PM Lunch 3:00PM Snack 3:15PM Aqua Painting</p> | <p>10:00AM Coordination & Mobility 24 10:30AM Snack 11:00AM Colors Domino 12:00PM Lunch 3:00PM Snack 3:15PM Color Me Calm</p> | <p>10:00AM Warm Up exercises 25 10:30AM Snack 11:00AM Mix and Sort 12:00PM Lunch 3:00PM Snack 3:15PM Country Music National BRAVE DAY</p> |
| <p>10:00AM Warm Up exercises 27 10:30AM Snack 2:00PM Bingo club 3:30PM Frank Sinatra Ask for the Bank of Activities Located in the Activities Storage Unit to get individual activities.</p> | <p>10:00AM Morning Stretching 28 10:30AM Snack 11:00AM Bowling Challenge 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Sensoperception Exercises</p> | <p>10:00AM Warm Up exercises 29 10:30AM Snack 11:00AM Nails & Tales 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Executive Functions</p> | <p>10:00AM Warm Up exercises 30 10:30AM Snack 11:00AM Balloon Volleyball 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Memory Stimulation</p> | <p>10:00AM Coordination & Mobility 31 10:30AM Snack 11:00AM Color Me Calm 12:00PM Lunch 2:00PM Multisensorial Therapy 3:00PM Snack 3:30PM Language Exercises</p> | <p>Legend: AR= Activities Room P= Patio DR=Dining Room TVR= TV Room</p> |

